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**From:** Marjan Hourian [REDACTED]  
**Sent:** Tuesday, June 4, 2019 7:53 PM  
**To:** Chavez, Cindy  
**Subject:** Ms. Tonia Valioghli - Guest speaker on June 6, 2019 at TEA-TALK with Persian community Series #17

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# TEA-TALK Series Chat with Persian Community - Session#17

The Iranian Federated Women's Club (IFWC)/Payvand, will be proudly celebrating diversity in the Silicon Valley by presenting a series of discussions. The **Session #17** will be on Thursday June 6, 2019, from 6:30pm to 9:00 pm. Highly skilled experts as well as artistic performers will be sharing their insights and their art to enlighten and entertain attendees in these open to the public series. Sponsored by SandHill Properties.

Welcome to the TEA-TALK  
SERIES WITH THE PERSIAN  
COMMUNITY

**Please RSVP!**

The following session is planned:

## **Session 17: "Peace and Friendship Through Sports in Iran"**

**Guest of Honor: TONIA VALIOGHLI**

**Moderators: Dr. Sharat G. Lin and Fariba Nejat**

June 6, 2019, 6:30pm-9:00pm

Location: Main Street Cupertino Loft at the  
"Lounge Room"

19550 Valco Pkwy

Cupertino, Ca 95014

**Program will be in English and Persian**

**About: TONIA VALIOGHLI**

[Iran's National Swimming Team member Before 1979](#)

**Sports Analyzer for Women Sports and Swimming Coach**

Tonia Valioghli, an Iranian native born in Tehran, was highly competitive in sports in her youth. She and her five brothers and sisters were all members of the Iran National Swim Team. Tonia Valioghli was a star, she set the

record for the hundred meter and two-hundred-meter breaststroke. Her record stood for twenty years. She won the Valiahd Cup, named for the Valiahd Monarchy in 1970. She won many other honors and competitions.

Tonia Valioghli was invited to compete as a member of national Swimming team of Iran in following Friendship matches:

1974 - [The seventh Asian games in Tehran/Iran](#)

1974 - Iran vs. [West Germany](#), in Tehran

1974 - World Swimming Championships in [Rovinj in former Yugoslavia](#)

1974 - International Championship (age 10-12 group) and she won the bronze (third Place) medal in [Belgrade Yugoslavia](#).

1974 - Iran vs. [Hungary in Budapest](#)

1976 - Iran vs. [Georgia](#) in Tehran/Iran

1976 - The World Student Olympics in 1976 in [Orléans, France](#).

Tonia continued her education at the University of Tehran but wasn't able to complete due to [Iranian Cultural Revolution](#). She immigrated to Germany and continued her education in exile. She received a master's degree in physical education and professional coaching from the University of [Cologne](#). She also coached a number of swimming teams in Germany. Her team won the Junior Championship of [Nordrhein-Westfalen](#).

Tonia Valioghli also had a passion for skiing and table tennis. She competed on a professional level and became advance an ski coach in Germany.

Prior to leaving Iran she won the championship of Iranian Students in table tennis. She was also a member of Homa Table Tennis Club competing in the

championship league in 1978. She also has coached professional skiers.

Tonia immigrated to the US in 2011 and is now a US citizen. She misses being able to compete on Iran's teams but has continued her education and involvement in sports, working as an sports analyzer for women sports. She is working as an International athletics Journalist for Iranian women in [VOA](#), [BBC Persian](#), [Iran Farda](#), [Pars TV](#), [Manoto TV](#) and many more...

**DR. SHARAT G.LIN**

**Peace maker**

Dr. Sharat G. Lin PHD., Medical Physics is a research fellow at the [San Jose Peace and Justice Center](#) and it's former president. He writes and lectures on global political economy, labor migration, social movements, and public health. As a peace dancer, he uses the arts to impassion social justice and build community.

**\*\*\*Our deepest gratitude to SandHill Property for providig us the space for our Tea-Talk Series. 🙏🙏🙏**

**BIOS - GUEST OF HONOR:**

<http://payvand.org/tea-talk-series-presenters/>

Sincerely,

Marjan Hourian  
[www.Payvand.org](http://www.Payvand.org)

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